Rejoinder to Dr. Maurice Iwu’s Proposition on Kola Nut as Treatment for Ebola

Alli B*

Dean of Medical Research, United States International University, USA

*Corresponding author: Benjamin Alli, MD, Ph.D, Dean of Medical Research, United States International University, USA, Email: bsacorp@aol.com

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Commentary

With regard to article by Dr. Maurice Iwu “Kola nut treatment for Ebola, I will be more careful adopting the use as treatment protocol for Ebola. It is a dangerous proposition for public health by scientists who want to make name for themselves and proposing a voodoo cure of this nature for Ebola cure. The article about Ebola and kola nut as a remedy does not arouse my scientific curiosity as elaborately portrait by Dr. Maurice Iwu. I knew Dr. Iwu’s research concentration. I will believe more in the proposition that certain traditional treatment can cure certain diseases if I heard it from Dr. Akinwunmi at Obafemi Awolowo University. Not because I was appointed as a member of advisory and scientific committee but because I am familiar with the quality and scientific validation of their work.

Dr. Iwu was postulating that Kola nut is a great treatment for Ebola. I disagree because Ebola virus needs laboratory sensitivity testing and correlation testing and the doctor did not relate his proposition to any of this. People should be careful to jump into theory that is not yet validated or that can be validated by other scientists. Otherwise improper treatment or prevention will continues to increases the mortality rate for Ebola. The article or proposition is not scientific. It strictly based on flavonoid content of kola nut. Favenol or biovenoid which are the basic ingredients commonly found in many fruits and vegetable that prevents potent diseases. It fight diseases, protects blood vessel, cell, diabetes, heart diseases, alleviating allergic conditions, protecting the brain health, dementia and ability to defense body from cancer, virus, anti-microbial, antihistamine, anti-inflation and antioxidant. It opens blood vessel and increases circulation. It may be useful in treatment of hypertension and stroke.

Everybody eats fruits and vegetable that contains flavonoids. Therefore why should people be sick with Ebola or be worry about Ebola despite that they have eaten the flavonoids in Kola nut? Basically you can find flavonoid in cocoa, chocolate colorful fruits and vegetable...blueberry, plums, apple, spinach, orange, strawberry, green tea, banana which also contain anthocyanidris, pomegranate. Most food we eat daily has the characteristic properties of bioflavonoid.

I have not attached too much relevancy to the statement because I do not think that it will not do public good. I have received several inquiries from doctor’s friend in Africa including Nigeria, Uganda, and Ghana and doctors friend serving in peace corp volunteer in West African countries. My responses to them are the same as I have stated before. This proposition may be a deadly condition. Scientists should not trade fame or publicity with invalid statements and propositions that will not do any public good. I earned a certificate in “Epidemic Intelligent” from Center for Diseases Control and Prevention in Atlanta, a branch of the United States government health agency. My response to other scientists requesting my opinion is not different to what I have stated above.